

# Kuk Sool Won Ontario Class Schedule

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
	9:15 - 10:15 <b>Morning Class</b> All Ages All Ranks		9:15 - 10:15 <b>Morning Class</b> All Ages All Ranks	
4:30 - 5:00 <b>Tiny Tigers</b>		4:30 - 5:00 <b>Tiny Tigers</b>		
5:00 - 5:30 <b>Little Dragons</b>		5:00 - 5:30 <b>Little Dragons</b>		
5:30 - 6:15 <b>Beginner Children Class</b>		5:30 - 6:15 <b>Beginner Children Class</b>		
6:15 - 7:00 <b>Advanced Children's Class</b>	6:00 - 7:00 <b>Evening Class</b> Advanced Children & All Adults	6:15 - 7:00 <b>Advanced Children's Class</b>	6:00 - 7:00 <b>Evening Class</b> Advanced Children & All Adults	5:30 - 6:30 <b>Sparring Class</b> All Ranks At the Ontario Dojahng
7:00 - 8:00 <b>Teens &amp; Adults</b> All Ranks	7:00 - 8:00 <b>Black Belt Class</b> All Ages	7:00 - 8:00 <b>Teens &amp; Adults</b> All Ranks		

AREA HEADQUARTERS:  
**396 ROUTE 104, ONTARIO**  
**585.216.2122**  
[WWW.KUKSOOLNY.COM](http://WWW.KUKSOOLNY.COM)

**Black Belts:**  
 Black Belt Class is the *only* class where black belts will learn new material necessary for advancement! This class is for blackbelts of all ages from all local Kuk Sool Schools.

Testing is on the 3rd Saturday of every month in Ontario